

The University Psychological Clinic at the University of Michigan

What is the Psychological Clinic at U-M?

The University Psychological Clinic provides psychoeducational evaluations and evidence-based psychotherapy to students and faculty at the University of Michigan as well as members of the local community and throughout southeast Michigan.

Additionally, the University Psychological Clinic provides professional training for clinical psychologists, clinical social workers, as well as psychiatry residents.

Our professional services and our professional training program are accredited by the American Psychological Association (APA) and the Commission on Accreditation (COA).

We Offer:

- Expertise in a variety of evidence-based psychotherapies
- Consultations
- Individual and couples therapy
- Care that is customized to each client
- Psychological testing
- Acceptance of many insurance programs
- A flexible financial assistance policy
- Group therapies such as *Practicing Self-compassion*, *CBT for Social and Performance Anxiety*, *Mindfulness-based Cognitive Therapy for Depression and Anxiety* and more.



Currently Accepting Patient Referrals

Contact us at **PsychClinic.org** or **(734) 764-3471** to get started.



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