

Feelings THROUGH Fiction

What: Therapy group for boys and girls ages 9-13. The book club format creates a safe space for kids to discuss social and emotional matters.

Why: Throughout elementary, middle, and junior high school, feelings and social interactions can become more intense, complicated, and hard to figure out. Learning to navigate feelings and relationships at home and with friends while exploring one's identity is especially challenging.

When: Day and time for the Summer 2016 group will be determined based on interest. Sessions are 1.5 hours and each group meets for eight weeks.

Cost dependent on insurance benefits.
Self-pay is \$40 per session.

Registration is required.
Call (734) 764-9466 or visit
uccf.umich.edu to learn more.



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