

# Parenting Through Separation and Divorce Workshop

This free workshop, hosted by the University Center for the Child and Family (UCCF), provides practical advice in a collaborative, caring environment. We help parents understand children's needs during the time of separation and divorce, and we offer specific suggestions for creating the most beneficial post-divorce parenting relationships. This workshop is an approved alternative to the SMILE Program presented by the Friend of the Court.



**2020 Dates**

**7- 8 p.m. Wednesday**

**Feb. 5 | March 4 | April 1**

The workshops are free, but registration is required. Visit the "News and Events" page at [uccf.umich.edu](https://uccf.umich.edu) to register.



MARY A. RACKHAM INSTITUTE

UNIVERSITY CENTER FOR THE CHILD AND FAMILY  
UNIVERSITY OF MICHIGAN

## About The University Center for the Child and Family

The University Center for the Child and Family (UCCF) is strongly committed to helping children and families enjoy a happier life, more satisfying relationships, and increased success at school or work. We offer a comprehensive range of mental health services for children, adolescents, and families including group and individual therapies and workshops. UCCF is part of the Mary A. Rackham Institute (MARI) at the University of Michigan.