

Caregiver and Aphasia Support Groups

Where to find them and additional resources

Support is critical for both care partners and the person with aphasia. This overview provides resources for finding or starting a support group as needed.

Common Resources to Find Support Groups

For Carepartners

- National MS Society Carepartner Support: www.nationalmssociety.org/NationalMSSociety/media/MSNationalFiles/Documents/Carepartner-Support-Resources.pdf
- AARP Community Resource Finder: <https://www.communityresourcefinder.org>
- Family Caregiver Alliance Family Care Navigator: <https://www.caregiver.org/family-care-navigator>
- AARPs Caregiving Community Forum: <https://community.aarp.org/t5/Caregiving/Welcome-to-the-AARP-Caregiving-Community/m-p/1786782#M3126>
- National Institute of Aging Caregiving Health Information: <https://www.nia.nih.gov/health/caregiving>
- American Stroke Association's Support Network: <https://supportnetwork.heart.org/connect-with-people-like-me/caregiver/caregiver-stroke/>
- Aphasia Recovery Connection Caregiver Facebook Page: www.aphasiarecoveryconnection.net/carepartners

For People with Aphasia

- The National Aphasia Association support group search: www.aphasia.org/site/
- The American Stroke Association support group search: www.stroke.org/en/stroke-support-group-finder
- The National Aphasia Association Online Communities: www.aphasia.org/aphasia-resources/online-communities/
- Aphasia Recovery Connection: <https://www.aphasiarecoveryconnection.net/>
- MeetUp Support Groups: <https://www.meetup.com/topics/support-group/>
- Lingraphica's *How to Find A Stroke or Aphasia Support Group*: <https://blog.aphasia.com/how-to-find-a-stroke-aphasia-support-group>

How to Search the Web for Support Groups

If you'd prefer to see what's available beyond the listed resources above or you aren't finding what you'd like, doing a general internet search might be helpful. Using your search engine of choice (Google, Bing, Safari, etc.), search for key terms like:

- Caregiver support groups near me
- Support groups near me
- Stroke or brain injury support groups near me
- Stroke or brain injury support groups in (state)
- Stroke or brain injury support groups for caregivers

No Groups in Your Area? Start One Up! Resources to get Started:

- **The American Stroke Association Support Group Leader Resources:** <https://www.stroke.org/en/help-and-support/support-you-are-not-alone/support-group-leader-resources>
- **MeetUp:** <https://www.meetup.com/lp/support-group>
- **Saebo's How to Start a Stroke Support Group:** <https://www.saebo.com/start-stroke-support-group/>
- **The American Stroke Association Successful Stroke Support Groups Overview:** http://www.heart.org/idc/groups/stroke-public/@wcm/@hcm/@sta/documents/downloadable/ucm_309688.pdf