



MARY A. RACKHAM
INSTITUTE
UNIVERSITY OF MICHIGAN

WINTER - SPRING 2018 - 2019

NEWS AND NOTES

From the Director of the Mary A. Rackham Institute (MARI)



Another Great Year with Big Plans for the Next

Hello All,

It's been almost a year since I stepped into the role as the senior director of MARI. Time has definitely flown, but it has also been an engaging ride. As a result of all the dedicated, thoughtful, and committed work the staff do at MARI, the Institute has had a great year! Thank you for another year of wonderful work, dedication, and connection.

Stay tuned as we enter into 2019 filled with potential and promise,

- Bruno Giordani, Ph.D., MARI Senior Director

Open House: 80 Years of Care

The Psychological Clinic celebrates



The University Psychological Clinic hosted its 80th anniversary open house in November. Many from the history of the Clinic visited.

Rackham Dean Michael Solomon spoke about the long relationship between the Clinic and the Graduate School. MARI Director Bruno Giordani and Medical Director Richard Dopp each addressed developing new initiatives at the Clinic, speaking about how Mary A. Rackham's vision for services has continued unbroken.

Clinic Director Todd K. Favorite, Ph.D., thanked everyone for their support through the years and invited them to stay connected.

Suggestion Box is Open!

We welcome suggestions and comments. Submit a suggestion online at: mari.umich.edu at the bottom of the page (select "make a suggestion" in the form drop down menu) or email: MARI-suggestions@umich.edu.

Concerns About Your Care: Client Rights

MARI is committed to providing the highest level of care to our clients. We encourage all of our clients to express any concerns or compliments they may have regarding their service. As our client, we encourage you to speak up to identify uncomfortable situations, confusion about the care provided, or issues where real or perceived safety concerns are identified.

If you have a concern, you can speak with one of our front desk representatives who will guide you on options for submitting a verbal or written complaint directly to MARI. The main number is (734) 615-7853. If you would like to speak with MARI Senior Director Dr. Bruno Giordani, you can ask for him directly.

If you feel your concern has not been handled appropriately, you can lodge a formal complaint with the U-M Office of Patient Relations and with the Michigan Department of Community Health. MARI will provide the contact information to anyone who requests it. It is also available on our *Clients Rights and Responsibilities* flyer accessible in the office and on the MARI website.

Continual Improvement: Process Mapping

MARI strives for continual improvements and transparency throughout the organization. Our Performance Quality Improvement (PQI) initiative is one way we ensure this remains a sustainable goal.

MARI launched a process mapping project to review information flow and client experience. The project is examining how we process information from the first time a client reaches out to when they make an appointment. MARI is working with U-M Shared Services, which offers process mapping consulting.

The project is rolling out in phases, starting with observation and discovery, moving toward scope development and information analysis. The final step will be a retreat where the analysis will be shaped into action items.

Campus Suicide Prevention Grant Enters Final Year

A collaboration to increase campus capacity to prevent suicide

UCCF Director Cynthia Ewell Foster, Ph.D., has been working collaboratively with other campus mental health providers toward the goal of suicide prevention as part of the Campus Suicide Prevention grant that began in 2016.

The Substance Abuse and Mental Health Services Administration (SAMHSA) provided the grant funding to help the University of Michigan build upon a strong foundation of universal approaches to mental health education, student support, and stigma reduction to make suicide prevention a core university-wide priority. The grant is funded through September 2019. We are now in its third and final year of federal funding.

The initiative is designed to increase community capacity for suicide prevention using public health approaches. MARI houses the grant and has been working with University Health Services, Counseling and Psychological Services (CAPS), the Department of Psychiatry/Depression Center, Psychiatric Emergency Services, Dean of Students Office, and Campus Security.

Grant funding has provided training to clinical providers and gatekeepers in how to identify, respond, and refer people at risk for suicide to helping resources on our campus and within the surrounding community. The

grant has led to prevention initiatives through new partnerships with the International Center, Spectrum Center, and Veterans and Military Services.

Dr. Ewell Foster continues to collaborate with the State of Michigan on a statewide SAMHSA-funded suicide prevention project, as well.

Other MARI Grant News

Exploring Mindfulness CBT for Post-traumatic Stress Disorder

The Psychological Clinic has received support under Director Todd K. FAVORITE, Ph.D., as a community site for a National Institute of Mental Health (NIMH) grant. The project *Neural Mechanisms of Mindfulness-based Cognitive Therapy (MBCT) for Posttraumatic Stress Disorder (PTSD)* began in December.

Electronic Bridge to Mental Health

The NIMH-funded multi-university project, *Electronic Bridge to Mental Health for College Students (eBridge)* is in its final year of funding. It examines the efficacy of an online screening and counseling for students. Former MARI Director Cheryl King, Ph.D., is the principal investigator and the Psych Clinic is the U-M site for online counseling.

UCLL's Aphasia Program Featured as a 'Story of Our State'

Series explores work at U-M that makes impact beyond walls of academia

The impact of the University of Michigan Aphasia Program (UMAP), a program offered through UCLL, was recognized as a *Story of Our State*. The U-M series highlights programs at the university that have made a major impact outside of the classroom.

UMAP provides intensive, individualized, and innovative speech and language therapy for people with aphasia, a communication disorder acquired following injury to specific areas of the brain, commonly from stroke.

The coverage focused on clients Theron and Amy Coleman, a cherry farming couple in their 30s who have attended several sessions at UMAP. UCLL Director Carol Persad, Ph.D. and several clinicians are also featured in the coverage.

See the full story: impact.govrel.umich.edu/aphasia



Learn More

Visit the MARI website for more on each of these news items as well as new developments: mari.umich.edu



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