This four-day workshop will focus on the fundamentals of the Cognitive Behavioral Analysis System of Psychotherapy (CBASP), with an emphasis on adaptations that provide a trauma-informed approach. Participants will learn about CBASP as an integrated theory as well as a practical, skill-based method, including thoughtful and disciplined involvement to promote change in their patients' interpersonal relationships.

**Participants can expect to learn about and how to conduct:**
- Significant other history and interpersonal impact inventory
- Depression and trauma timelines
- Transference hypothesis
- Trauma impact hypothesis
- Situational analysis and future situational analysis
- Interpersonal discrimination exercise
- Contingent personal responsivity

This workshop will provide the required content and experiential learning for CBASP mentorship and certification. CBASP, developed by James McCullough, Ph.D., is the evidence-based treatment for Persistent Depression Disorder. However, a significant number of individuals experiencing chronic depression report co-morbid symptoms related to trauma, which is addressed in this workshop.

**Workshop Details**

- **What:** 4-day workshop exploring CBASP from trauma-informed perspective.
- **When:** Friday, April 24 - Monday, April 27, 2020
- **Where:** University of Michigan Central Campus, Rackham Graduate School 915 East Washington St. Ann Arbor, MI 48109
- **Who should attend:** Clinicians interested in learning more about CBASP and/or trauma-informed approaches or seeking CBASP certification.
- **Cost:** $850 ($50 discount when you register by Feb. 24.) CEUs available by request during registration.
- **How:** Register for this in-depth workshop on our website: mari.umich.edu/psych-clinic/cbasp-2020

**Presenters Include:**

**Todd Favorite, Ph.D., ABPP**
Director, University Psychological Clinic; Clinical Psychologist and Associate Professor, U-M Medical School and Rackham Graduate School

**Massimo Tarsia, Ph.D.**
President of International CBASP Society
Clinical Psychologist, Midlothian Psychological Therapies Service in Scotland, UK

**James P. McCullough, Ph.D.**
Clinical Psychologist and Distinguished Professor Emeritus, Virginia Commonwealth University; Developer of CBASP
Joining via teleconference