Hello! My name is

_____,

and I have **aphasia**.

It is a communication disorder. While, speaking and understanding may be difficult, my intellect is fine.

mari.umich.edu/umap

mari.umich.edu/umap

MARY A. RACKHAM INSTITUTE
UNIVERSITY CENTER FOR LANGUAGE AND LITERACY
UNIVERSITY OF MICHIGAN

You can help me communicate!

- Have patience and give me time to respond.
- Speak clearly and slowly.
- Don't shout - I can hear you!
- Ask 'yes' or 'no' questions.
- Use visuals (written words, pictures, gestures).

How to Print and Use

1. Print this file on a regular-sized sheet of paper (8.5 by 11 inches).
   a. *(When choosing the paper size to print, select "print actual size" and it should print a nice, wallet-sized version on full sheet of paper.)*
2. Cut out around the yellow edges (not between the cards!).
3. Fill out.
4. Fold in half.
5. Carry with you to show to people you interact with, like when ordering a coffee or at a restaurant, the doctor's office, etc.

Contact Information:

Phone Number: _____

Home Address: _____

_____

Birthday: _____

Emergency Contact: _____

_____

MARY A. RACKHAM INSTITUTE
UNIVERSITY CENTER FOR LANGUAGE & LITERACY
UNIVERSITY OF MICHIGAN
mari.umich.edu/umap

Hello! My name is _____

_____

I had a stroke and I have **aphasia,** a communication disorder. I sometimes have trouble with _____, but my intellect is fine.

Medications: _____

_____

Allergies, Other Medical Conditions, Blood Type, etc.

How to Print and Use

1. Print this file on a regular-sized sheet of paper (8.5 by 11 inches).
   a. *(When choosing the paper size to print, select "print actual size" and it should print a nice, wallet-sized version on full sheet of paper.)*
2. Cut out around the yellow edges (not between the cards!).
3. Fill out.
4. Fold in half.
5. Carry with you to show to people you interact with, like when ordering a coffee or at a restaurant, the doctor's office, etc.