



MARY A. RACKHAM INSTITUTE

UNIVERSITY CENTER FOR LANGUAGE AND LITERACY
UNIVERSITY OF MICHIGAN

Dear Care Partner,

Thank you for your interest in the University of Michigan Aphasia Program (UMAP). For those with aphasia, we provide intensive, individualized, and evidence-based treatments that typically leads to improvements in overall communication skills, independence, and confidence.

We were the first program in the country to provide intensive therapy to individuals with aphasia, beginning in 1937, and we remain committed to the intensive approach. We are one of very few Intensive Comprehensive Aphasia Programs (ICAP) in the world, offering 24 hours of speech-language therapy per week as part of our typical sessions.

The intensive approach is an important distinction because it has been proven to be the most effective method for treating aphasia and it allows our clients to see accomplishments in a shorter time than when compared with standard outpatient therapy. Other crucial components of our program include care partner education and support, client support, and incorporation of the Life Participation Approach to Aphasia (LPAA).

At UMAP, licensed speech-language pathologists work with clients and their families to create a personalized therapy plan. Sessions are usually four weeks long, but many of our clients choose to stay longer depending on their individual needs. Part-time options are also available.

A body of research shows that optimal communication recovery occurs with intensive aphasia therapy. Even among intensive programs — programs that include a minimum of 15 hours per week of speech-language therapy — UMAP stands out. Our intensive 24-hour-per-week therapy schedule makes a difference. We have found that most of our clients:

- Demonstrated **significant improvements in targeted language skills** (based on standard tests).
- Made **measurable** gains in a typical intensive 4-week session.
- Improved regardless of age, gender, and level of education.
- Improved regardless of the length of time since they acquired aphasia (i.e., time since post-onset is not a barrier to improvement).
- **Continued to show improvements** when enrolled in more than one consecutive session.

Every day, we see the impact our program can have in the lives of those with aphasia and their loved ones – we would love to offer that same level of care and hope to your family. If you would like to know more about our program, please contact me at the clinic at (734) 764-8440 or via e-mail at jencorey@umich.edu. We are also happy to connect you with a former or current client or to set up a tour of our program if you are interested.

Sincerely,
Jennifer Corey

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