

Speech-Language Therapy for Aphasia: From Your Own Home

Telemedicine with the U-M Aphasia Program (UMAP)

Bringing UMAP to You: Online Therapy

The University of Michigan Aphasia Program (UMAP) is now offering teletherapy services — therapy offered via a secure online connection — to former or current clients as well as clients who are local and have recently received care for stroke or traumatic brain injury (TBI) recovery through Michigan Medicine.

What is Aphasia Teletherapy?

Teletherapy is conducted similarly to our in-house therapy sessions. A fully licensed UMAP Speech-Language Pathologist administers therapy and tailors their approach to each client's individual needs — but without the client having to leave home.

After an initial in-person assessment or following your attendance at a UMAP session, your clinician will set up a time and date to administer therapy. You will be provided a link to follow to enter a secure teleconference session via your computer, tablet, or phone.

An online appointment is treated the same as an in-person appointment; because our spots are limited, we ask for 48-hour notice on cancellations so we can offer your spot to someone else if possible. Missed appointments without notice will still be charged.



Who Qualifies for Teletherapy?

Because we want to ensure our mode of therapy is as effective for clients as possible, some clients may not be an appropriate fit for telemedicine. However, those who are a good fit likely include:

- A person who has attended at least one UMAP intensive session (typically 4 weeks) in the past 18 months; or
- Someone who is available for an in-person assessment and has recently received speech-language therapy or an evaluation through Michigan Medicine; *and*
- Who has a care partner who can assist the client during the teletherapy session.

We offer teletherapy to clients where UMAP clinicians hold licenses. That includes Michigan, California, Georgia, Wisconsin, Iowa, Alabama, Virginia, Texas, and Florida, with other licensing in process. *Contact us for a current list of licensing as this can change over time.*

What are the Technical Requirements?

A teletherapy client needs access to an updated computer, tablet, or phone with a stable internet connection, a camera, speakers or headphones, and a microphone. During the in-person assessment or during UMAP, a clinician can help you get the appropriate (free) software and show you how to access your online sessions.

How do I Get Started?

Call the U-M Aphasia Program at (734) 764-8440 to inquire about teletherapy and to find out if our program might be a good fit for your needs. Current or recent UMAP clients can contact their primary clinician for more details and to see if they might be a candidate.

University of Michigan Aphasia Program

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