

# Speech-Language Therapy for Aphasia: From Your Own Home

## *Telemedicine with the U-M Aphasia Program (UMAP)*

### Bringing UMAP to You: Online Therapy

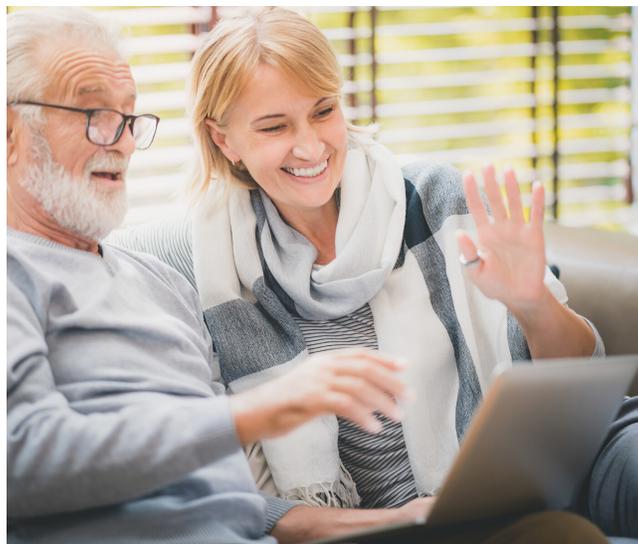
The University of Michigan Aphasia Program (UMAP) offers teletherapy services — therapy offered via a secure digital connection. While the teletherapy model is a shift from our in-person program, we focus on implementing the intensive and individualized approach best for the client. Teletherapy is also a great option for continuing therapy after completing an in-person session or between in-person sessions.

#### What is Aphasia Teletherapy?

Teletherapy is conducted similarly to our in-house therapy sessions. A fully licensed UMAP Speech-Language Pathologist administers therapy and tailors their approach to each client's individual needs — but without the client having to leave home.

After an initial assessment or following your UMAP session, your clinician will set up a time and date to administer therapy. You will be provided a link to follow to enter a secure teleconference session via your computer, tablet, or phone.

An online appointment is treated the same as an in-person appointment; because our spots are limited, we ask for 48-hour notice on cancellations so we can offer your spot to someone else if possible. Missed appointments without notice will still be charged.



#### Who is Eligible for Teletherapy?

Because we want to ensure our mode of therapy is as effective for clients as possible, some clients may not be an appropriate fit for telemedicine. However, those who are a good fit likely include:

- A person who has attended at least one UMAP intensive session (typically 4 weeks) in the past 18 months **OR** someone who has recently received speech-language therapy or an evaluation and can provide reports.
- A person who has a care partner who can assist the client during the teletherapy session.

We offer teletherapy to clients where UMAP clinicians hold licenses. Check the website or contact us for the most current list of licensed states as this can change over time.

#### What are the Technical Requirements?

A teletherapy client needs access to an updated computer or tablet with a stable internet connection, a camera, speakers or headphones, and a microphone. Each client also needs to review and agree to the digital MARI Teletherapy Informed Consent form, which will be sent once we speak with you.

#### How do I Get Started?

**Call the U-M Aphasia Program at (734) 764-8440 to inquire about teletherapy and to find out if our program might be a good fit for your needs.** Current or recent UMAP clients can contact their primary clinician for more details and to see if they might be a candidate.

## University of Michigan Aphasia Program

[AphasiaHelp.com](http://AphasiaHelp.com) | (734) 764-8440 | [UCLL@umich.edu](mailto:UCLL@umich.edu)



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