



# WHAT MAKES AN INTENSIVE COMPREHENSIVE APHASIA PROGRAM?

When looking for an Intensive Comprehensive Aphasia Program (ICAP), there are a few key points that should be considered. These are some of the core components of an ICAP that you should look for when choosing a program.



## Minimum Amount of Therapy Required

01

To be considered an ICAP, a client must participate in therapy for at least 15 hours a week, for a minimum of two consecutive weeks.



## Variety of Therapy Approaches

02

An ICAP should include individual and group therapy sessions, incorporate use of technology, and individualize treatment.



## Education + Carepartner Support

03

An ICAP offers education, training, and support for care partners and family members.



## Life Participation + Quality of Life

04

Treatment at an ICAP should work to improve quality of life by addressing areas of challenge and participation in meaningful activities.

